

Discovering the Lyndon area of Vermont: A Guide for Solo Travelers, Couples, and Families

Nestled in the scenic Northeast Kingdom of Vermont, the Lyndon area is a charming destination that offers tranquility, pastoral scenery, a diversity of outdoor recreational activities, wonderful eateries, shopping, arts and crafts, festivals, and entertainment suitable for solo adventurers, romantic getaways, and family trips. Whether you're planning to explore its rich history, vibrant local culture, or the surrounding area's natural beauty, the Lyndon area provides a serene escape from the hustle and bustle of city life. This guide will help you plan the perfect visit to the Lyndon area including a planning list and resource links for further information.

Why Visit the Lyndon?

Lyndon, often called the "Covered Bridge Capital of Vermont's Northeast Kingdom," is famous for its historic covered bridges, lush countryside, and friendly community. The town is home to Lyndon State College, now known as [Northern Vermont University-Lyndon](#), which contributes to its lively atmosphere and cultural events. Outdoor enthusiasts will enjoy the proximity to [Burke Mountain](#) for skiing and mountain biking, and the [VAST](#) trails for snowmobiling.

Planning Your Trip:

1. Accommodations:

- **Solo travelers:** Look for cozy bed and breakfasts or Airbnb options.
- **Couples:** Consider romantic inns or boutique hotels.
- **Families:** Search for family-friendly lodges or vacation rentals with enough space for kids to play.

2. Transportation:

- Check flight options at nearby airports like Burlington International or Manchester-Boston Regional Airport.
- For maximum flexibility consider renting a vehicle and exploring the countryside.
- Look into local transportation options such as buses or taxis.

1. Packing:

- **Seasonal clothing:** Warm layers for winter, light clothing for summer.
- **Outdoor gear:** Hiking boots, ski equipment, and waterproof items.
- **Camera:** Lyndon's scenic views are a photographer's dream.

1. Itinerary Planning:

- Research local attractions and historical sites.
- Book tours or event tickets in advance.
- Plan for some flexible time to explore local shops and cafes.

1. Local Cuisine:

- Explore local eateries and Vermont specialties like maple syrup and artisan cheeses.
- Make reservations for popular restaurants, especially during peak seasons.

1. Emergency Contacts:

- Keep a list of local emergency resources with contact information, including hospitals and roadside assistance.

Resource Links for Further Information:

- [Lyndon Area Business, Professions & Organization Directory](#)
- Accommodations and Dining:
 - Discover Lyndon - A guide to local lodging and dining options.
- Transportation: [Rural Community Transportation](#) - Rural Community Transportation, Inc. (RCT), is a private nonprofit 501(c)(3) corporation that provides public transportation services throughout Caledonia, Orleans, Essex, and Lamoille Counties.
- Local Attractions:
 - [Northern Vermont University-Lyndon](#) - Campus events and visitor info.
 - [Burke Mountain Resort](#) - Details on skiing, mountain biking, and events.
 - [Kingdom Trails](#) - A 100+ mile network of non-motorized, multi-use biking, hiking, and cross-country skiing trails.
 - [Fairbanks Museum & Planetarium](#) – Vermont’s only public planetarium invites you to explore the cosmos or travel back in time to the age of the dinosaurs.
 - [St. Johnsbury Athenaeum](#) – A stunning 19th-century private, nonprofit public library and art gallery located in St. Johnsbury, Vermont.
- Weather and Packing Tips:
 - [Weather.com](#) - Current weather forecasts to help you pack appropriately.

Making the Most of Your Visit

- **Solo Travelers:** Enjoy the tranquility of nature trails or indulge in a book by a scenic overlook.
- **Couples:** Plan a sunset walk through one of the local covered bridges and a candlelit dinner at a quaint restaurant.
- **Families:** Visit the local farms for apple picking, horseback riding, or a fun day of learning about farm life.

Lyndon, Vermont, offers a unique blend of adventure, relaxation, and cultural exploration, making it a perfect destination for anyone looking to enrich their travel experience. Following this guide and using the planning list, you can enjoy a well-organized and memorable visit to one of Vermont's most beloved towns.